

# Illustrations

Plus Book Covers & Graphic Design



## Angela Treat Lyon

# Illustrations

## Book Covers and Graphic Design

### Angela Treat Lyon

More Art by Angela Treat Lyon:

[AngelaTreatLyonArt.com](http://AngelaTreatLyonArt.com)

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**Contact Angela:** [AngelaTreatLyonART.com](http://AngelaTreatLyonART.com)

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# Silly Drawings

You know how you can do something for years and years, and everyone knows you do it, and you do it well - but you're the only one who doesn't take it seriously, because it's fun and easy for you to do? I've been drawing silly things as long as I can remember, but it took a friend bugging me to do some for her business website to wake me up to the thought that my drawings were anything more than just silly squiggles.

So, I started doing drawings for more people. I illustrated some of my books with them, and I even made a video called *Don't take Away My Chocolate*, and put it on Youtube. Now more and more people are asking for drawings for their blogs, their websites, their book covers, coaching and teaching programs, book covers - you name it. I'm kind of blown away by it. I like it! It's the funnest work EVER.

I have developed a few different styles over the years. Cruise through this portfolio and see which one(s) you like best. If you'd like some for your own use, let me know! You can contact me here: [AngelaTreatLyonART.com](http://AngelaTreatLyonART.com)

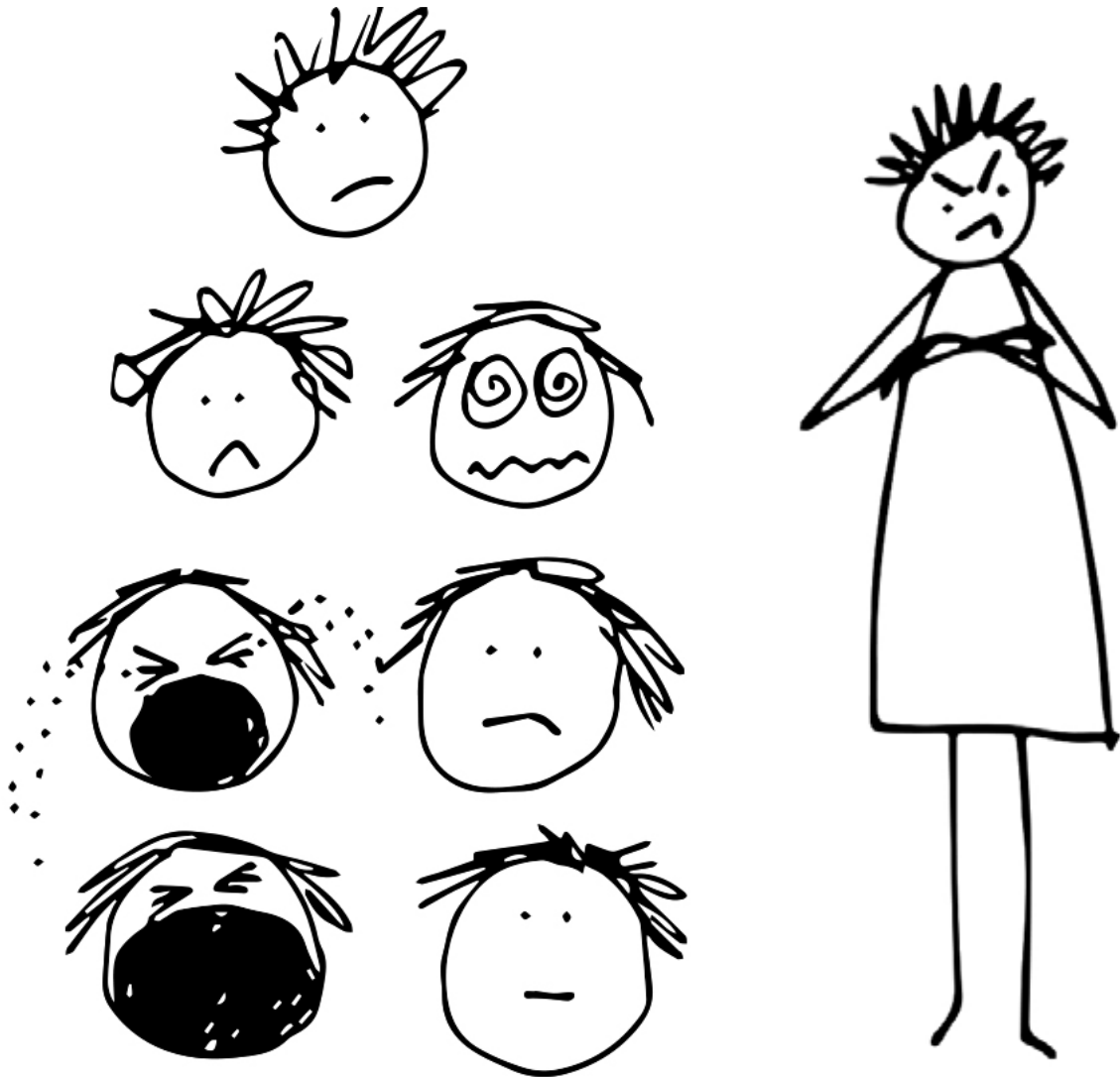
My neighbors can always tell when I'm drawing, because they hear me, all alone in here, laughing my head off. I know - can't be helped - I think you have to be a little nutso to do work like this!

aloha -

*Angela*

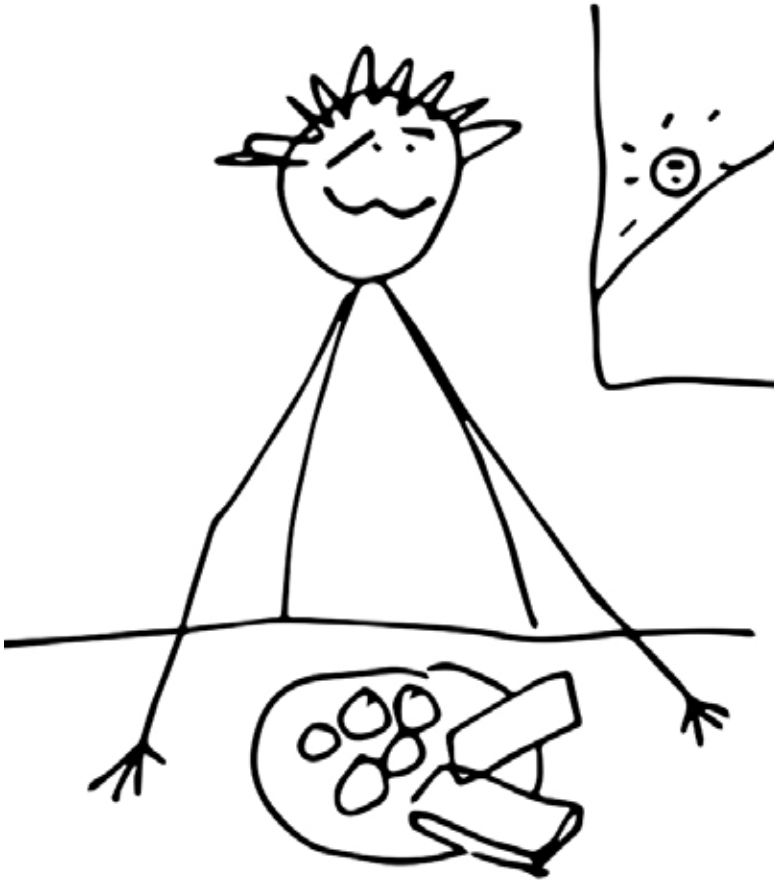
**Illustrations from**  
**Angela Treat Lyon Book & Video:**  
***Don't Take Away My Chocolate***

Don't Take Away My Chocolate!

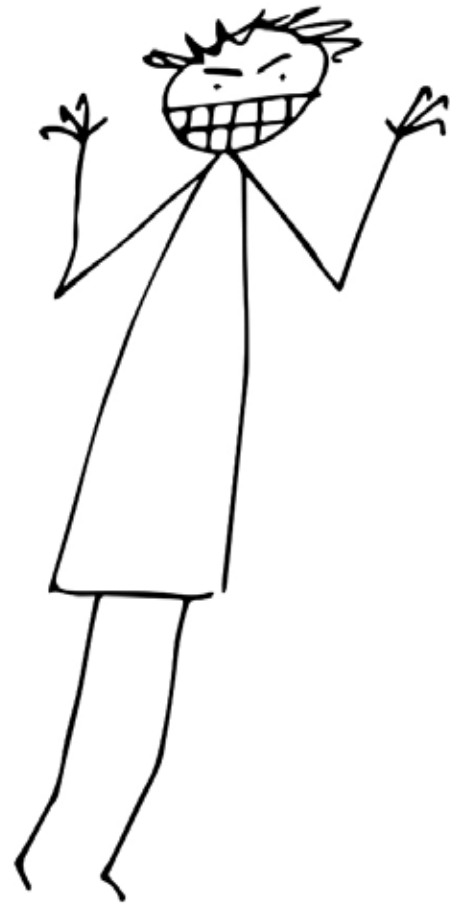


Tryouts for the main character.

Don't Take Away My Chocolate!



Who said chocolate isn't breakfast food?

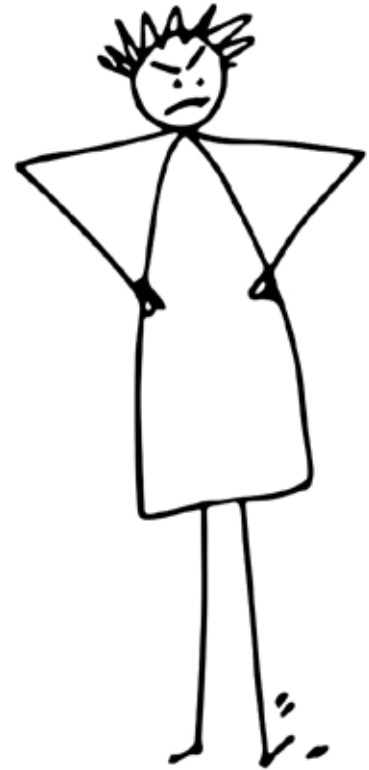


It's 3 pm - where's my chocolate???

Don't Take Away My Chocolate!

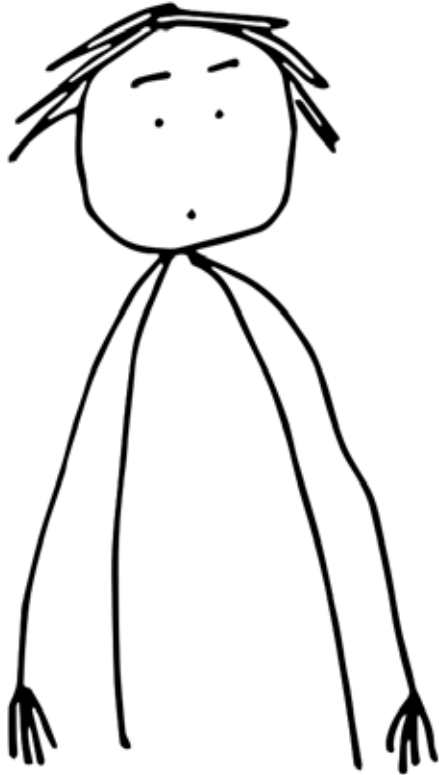


I love it as I get up...



You can't make me give it up!

Don't Take Away My Chocolate!



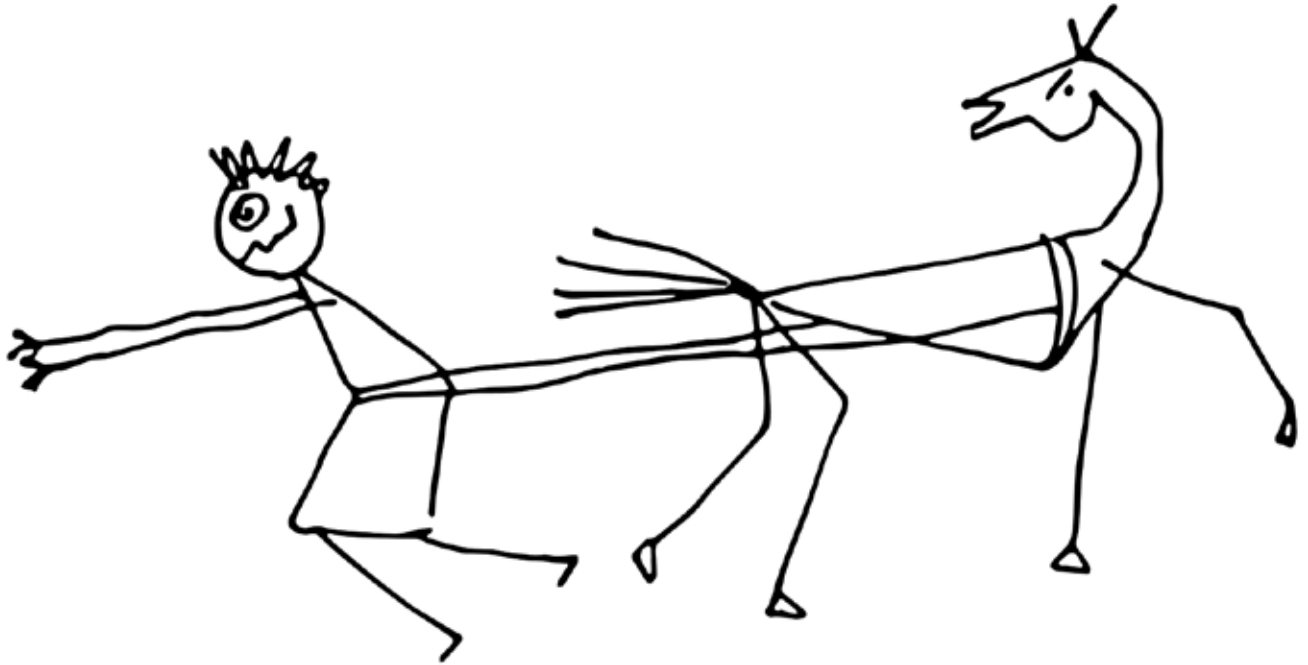
Who would I BE without  
my chocolate???



I love it while I'm working....



Don't Take Away My Chocolate!

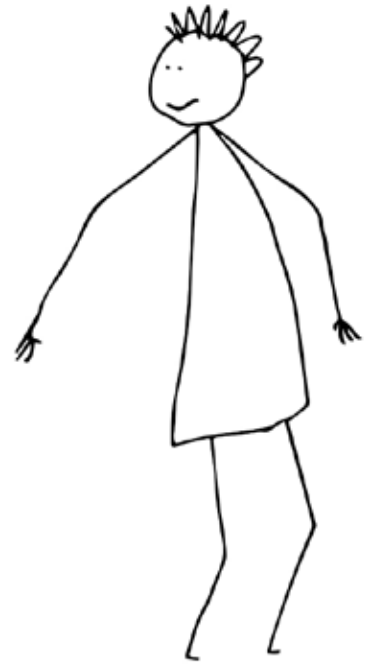


Wild wild horses couldn't drag me away....



They want to take my chocolate away!

Don't Take Away My Chocolate!



Don't Take Away My Chocolate!



**Illustrations from**  
**Angela Treat Lyon Book:**  
***Cave Woman Rules the World***

# Cave Woman



Cave Woman



Cave Woman



**Illustrations from**  
**Angela Treat Lyon's**  
**The *I Love My Critter* Series**



I Love My Critters!



Friends for Life

I Love My Critters!



Good Luck Kitty

I Love My Critters!



Coming Home Hug

I Love My Critters!



Huskies Know



I Love My Critters!



You Can't Fool Me - I know You're Awake!

I Love My Critters!



Lion Kisses

I Love My Critters!



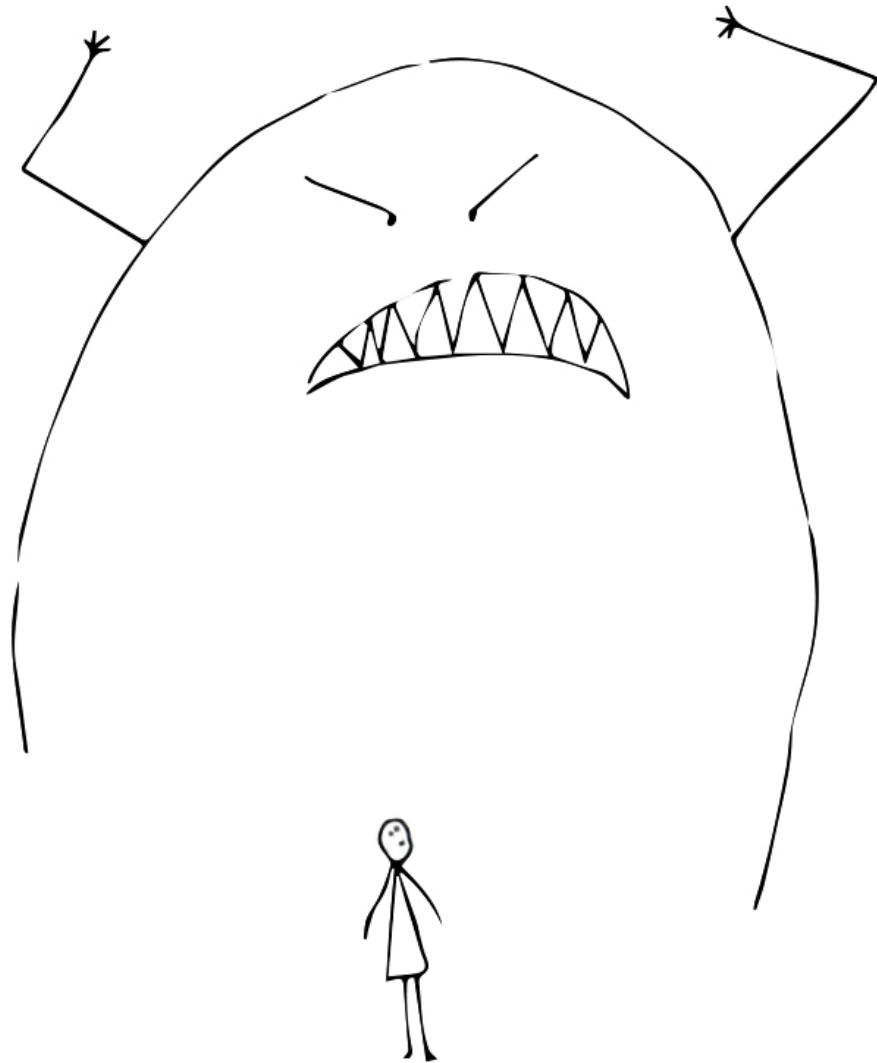
Pals Forever

**Illustrations from**  
**Angela Treat Lyon Book:**  
***I Should Never Be Left Alone***  
***with My Mind***



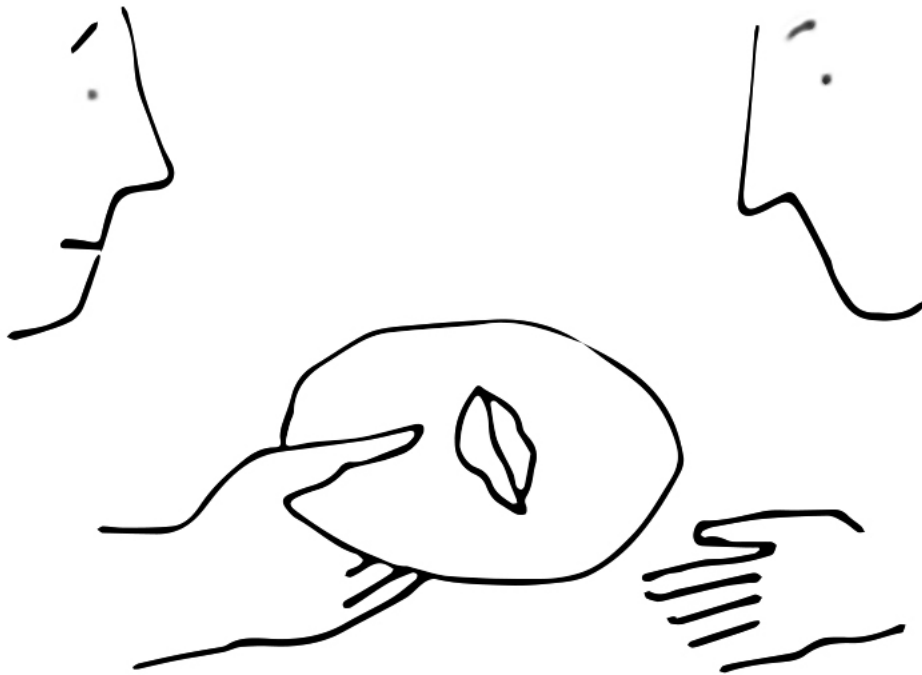
Left Alone with My Mind

I Should Never Be Left  
Alone With My Mind



Left Alone with My Mind

# Lip Service

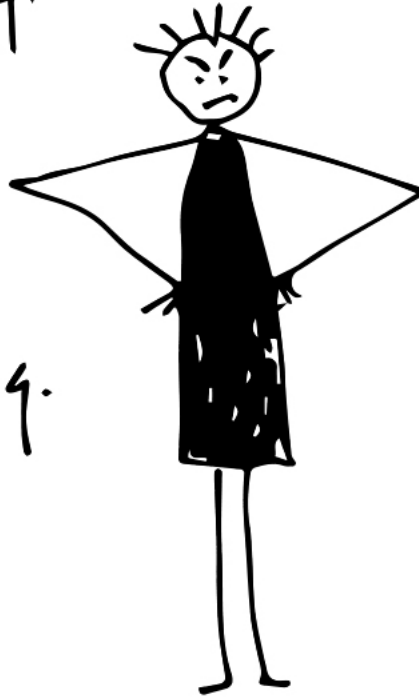


Left Alone with My Mind



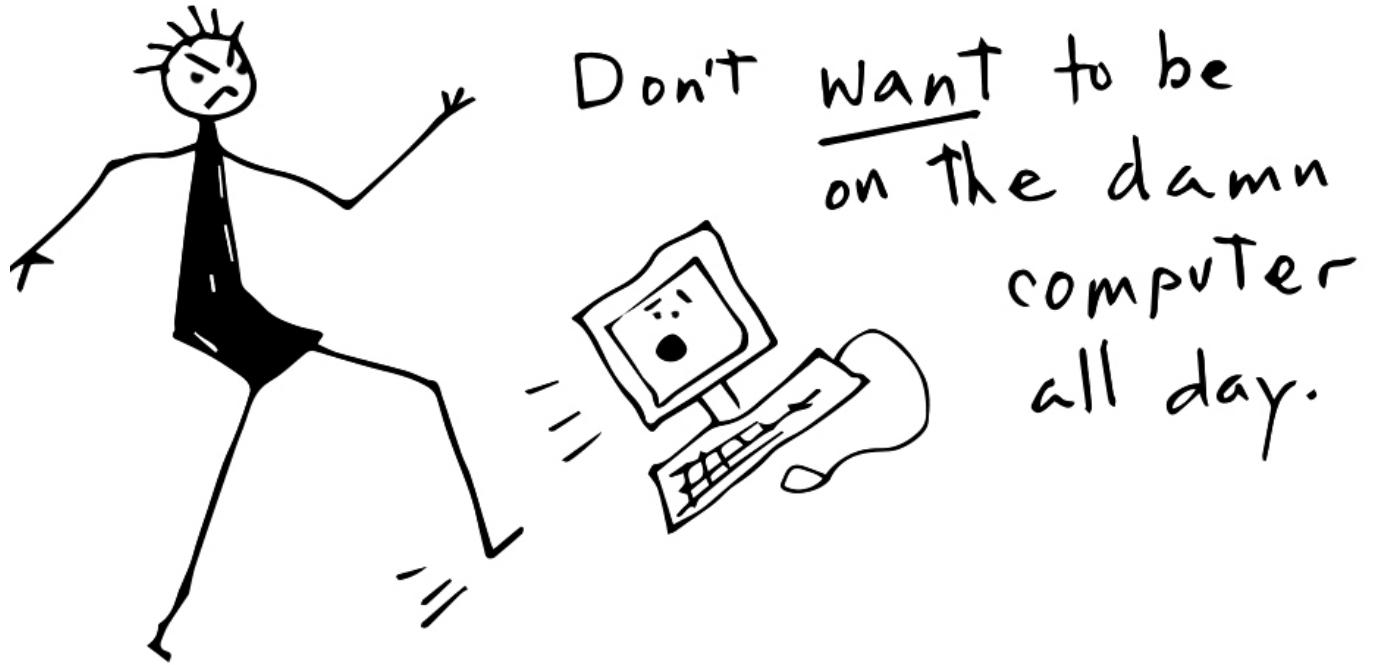
Loners - Unite!

Don't want  
to do  
internet  
marketing.

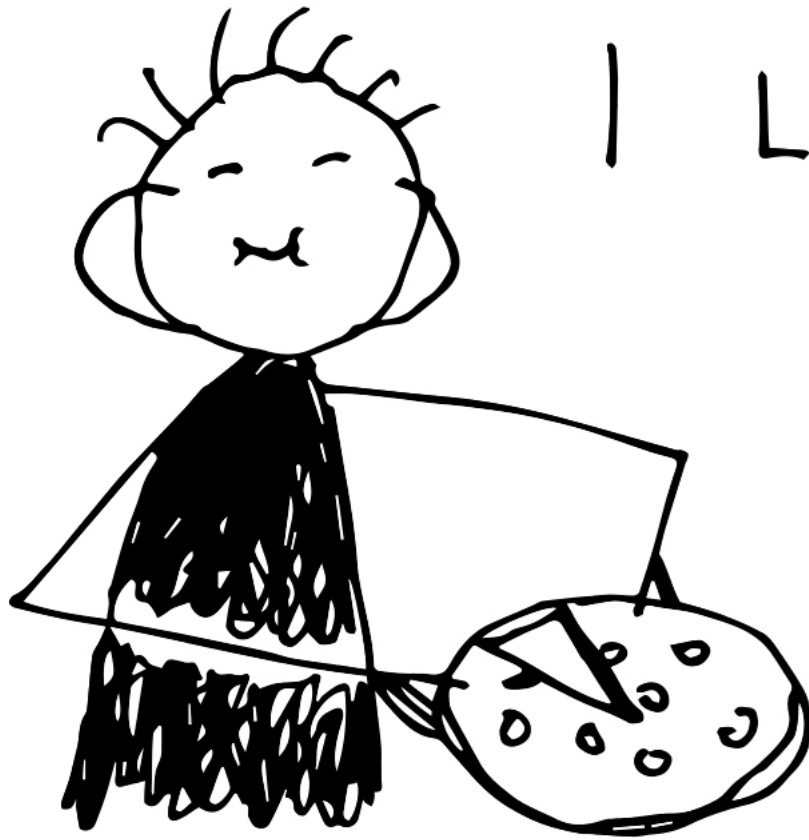


Or ANY  
marketing.

Left Alone with My Mind

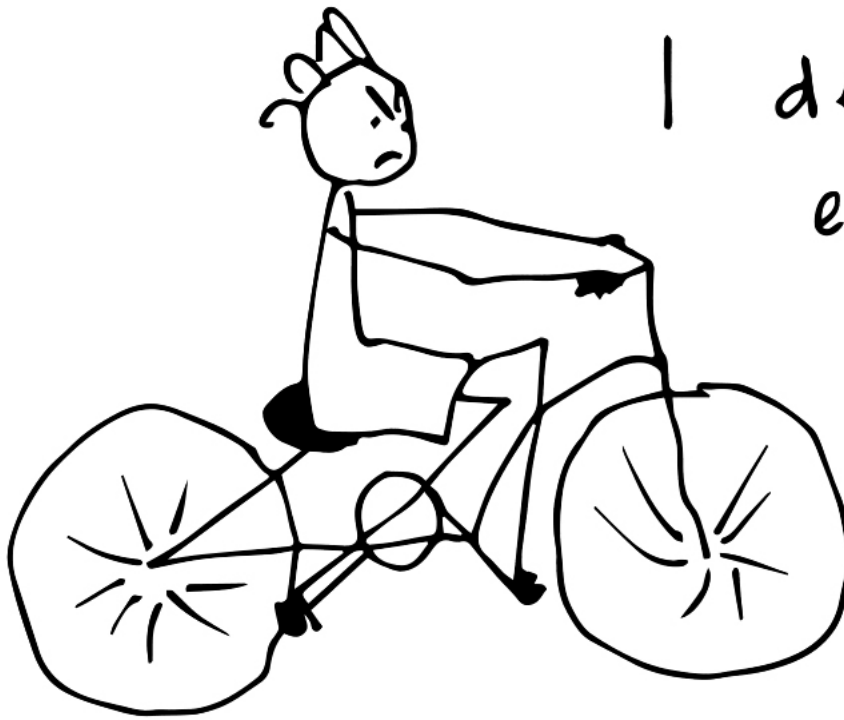


Left Alone with My Mind



I LOVE  
my  
pizza

Left Alone with My Mind



I detest  
exercising

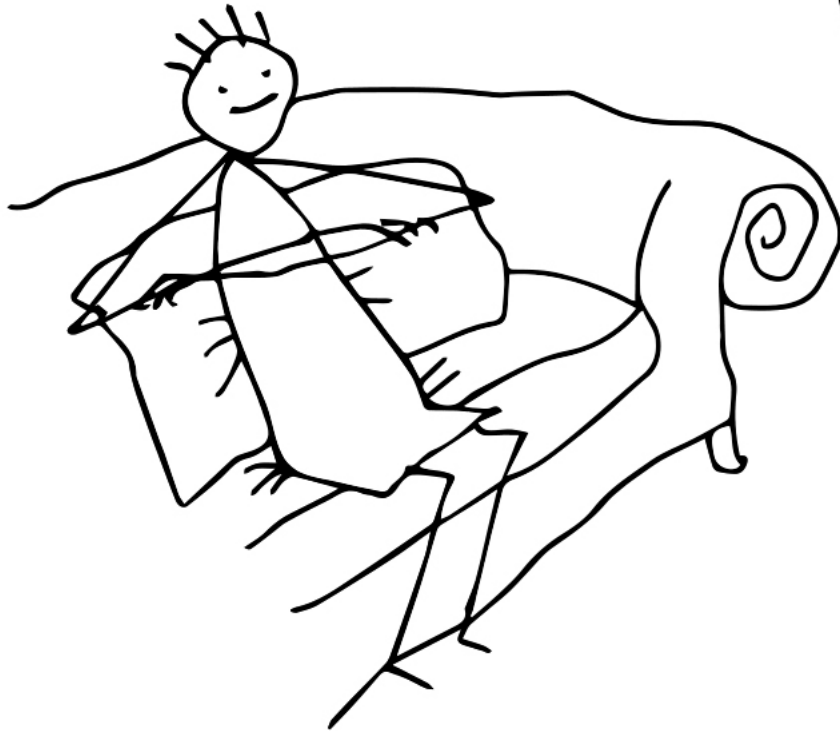
Isn't Eating good  
food and going for



my daily walk  
enough ?!

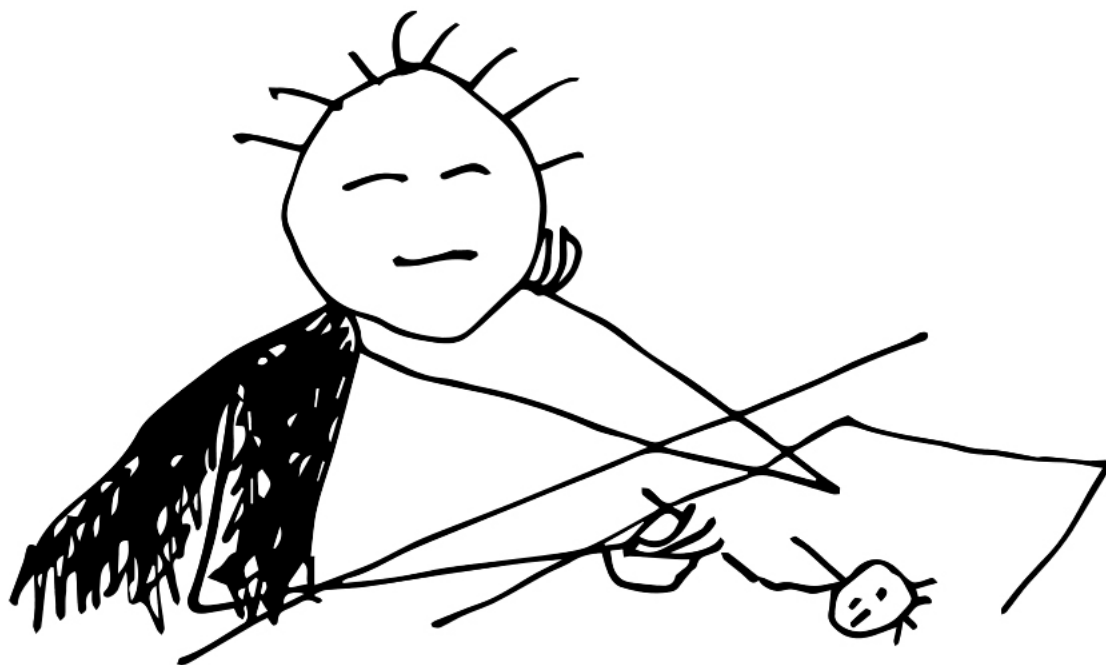


Left Alone with My Mind

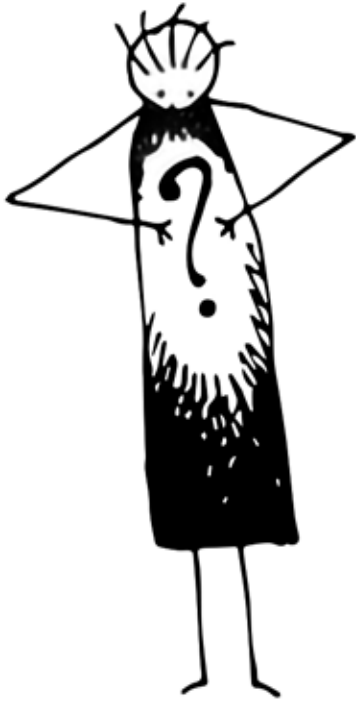


Don't want  
to do  
ANYthing.

I just want to draw



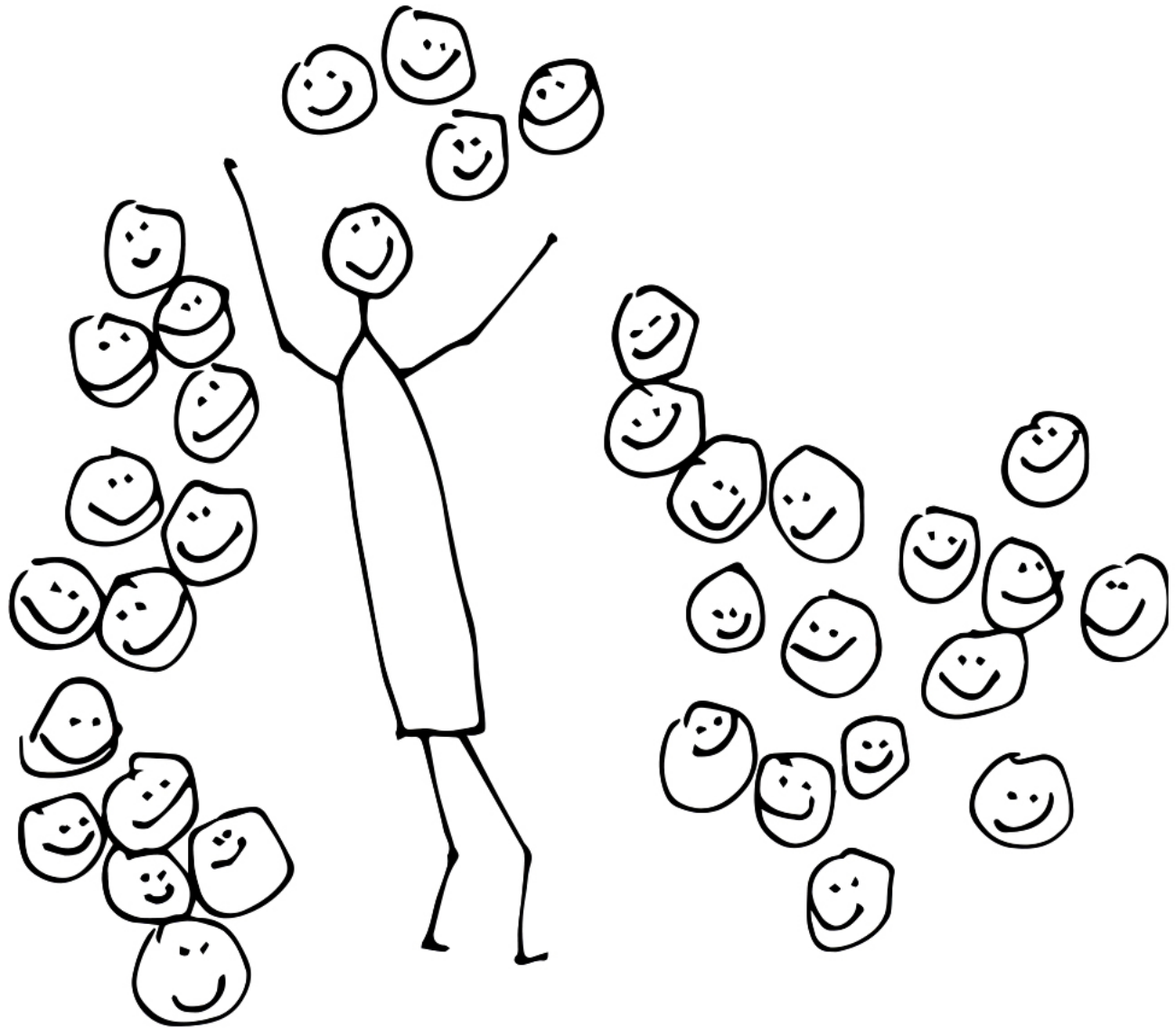
Um... my Core Message is...



Can't I just be me?

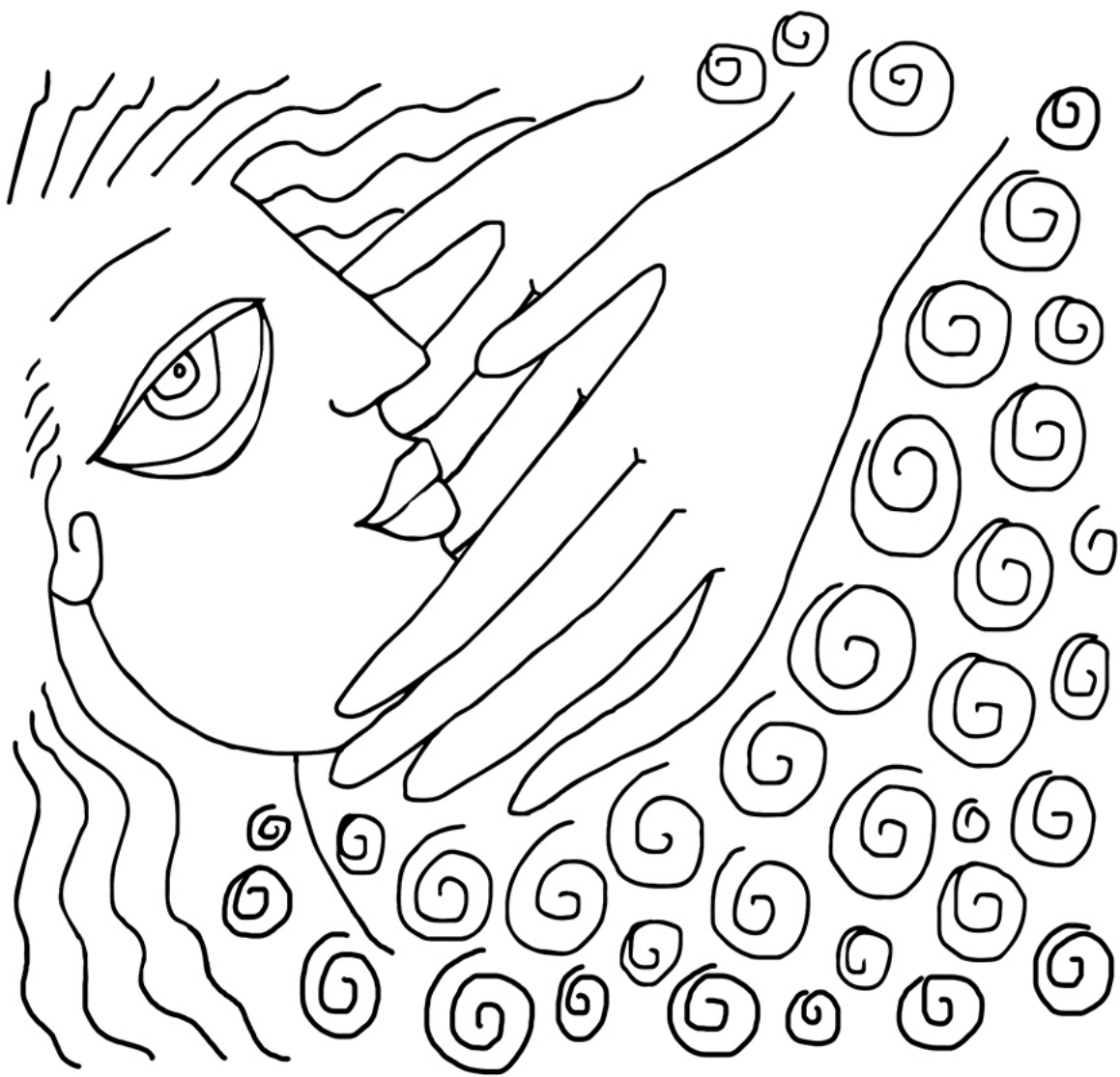


# Left Alone with My Mind



**Illustrations from  
Angela Treat Lyon's  
the *Lovers* Series**

Lovers



Blessed

Lovers



For Sure

Lovers



Heat



Lovers



Impulsive

Lovers



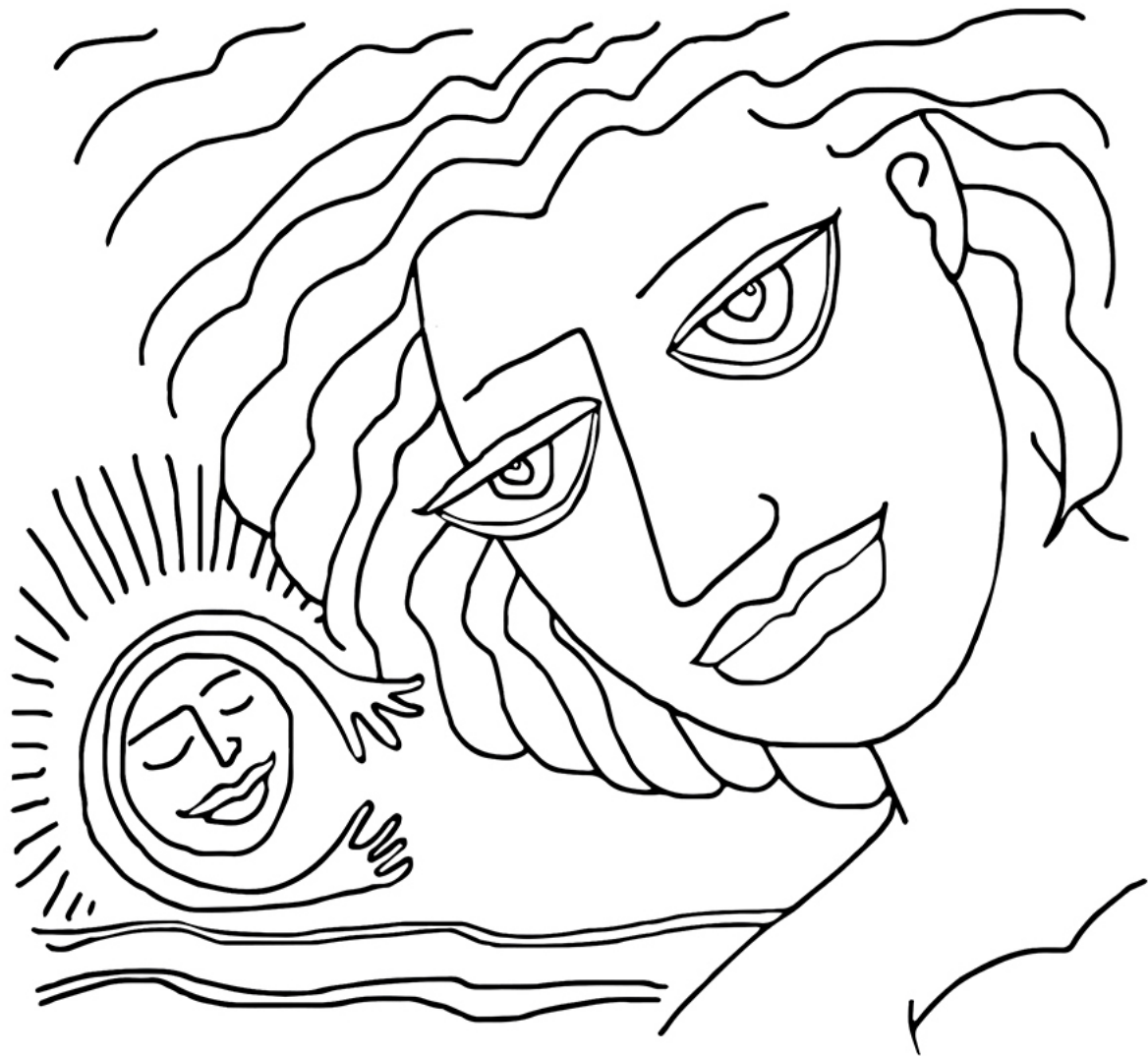
Loved by the Moon

Lovers



Say Yes!

Lovers



Sunny

Lovers



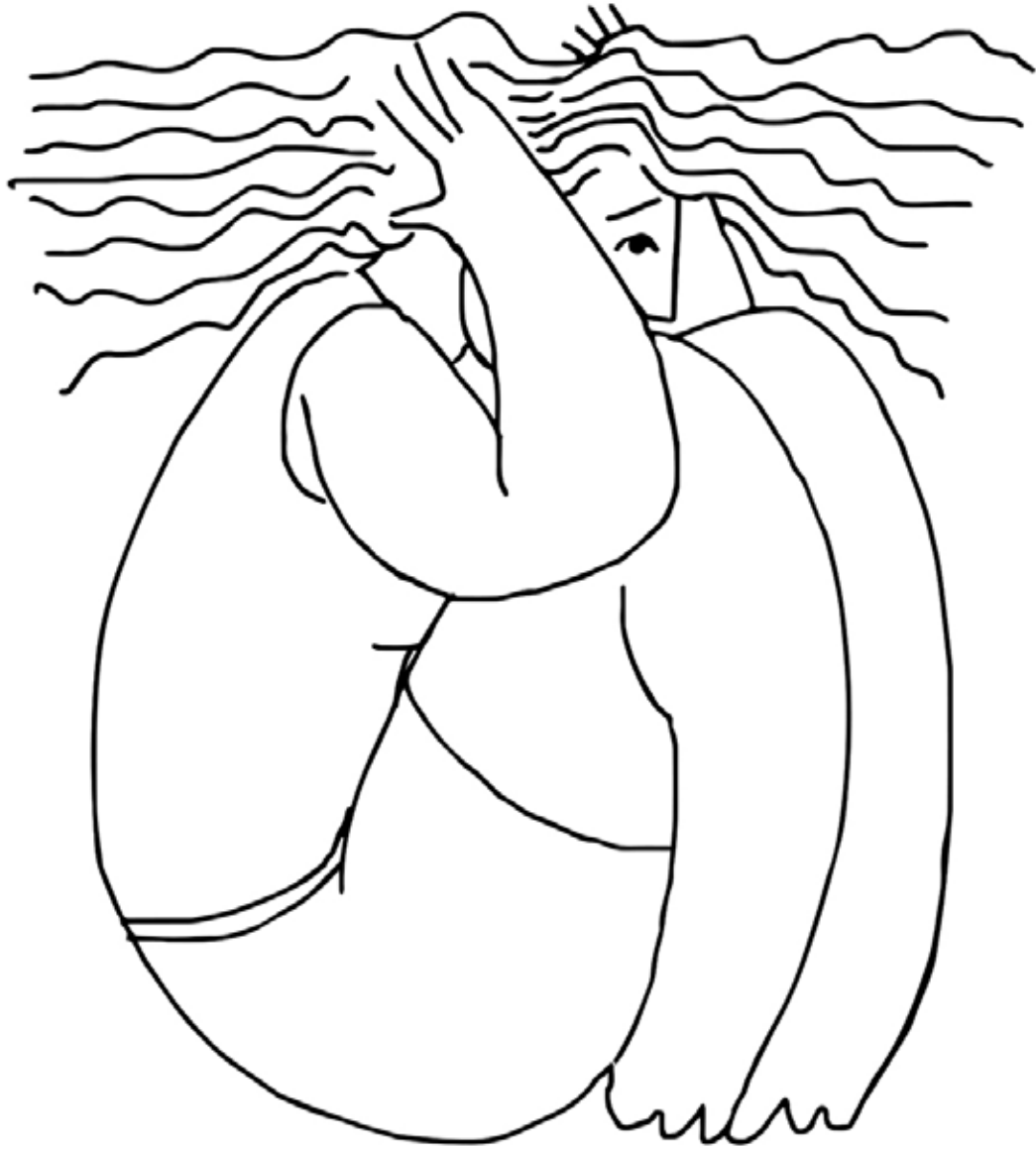
Vixen

# Illustrations for Shelagh Jones

Shelagh Jones, a top-level business success consultant in the UK, is creating a course to help women entrepreneurs, healers, health practitioners and coaches succeed in the business.

Shelagh knows, herself, how it is when you'd rather be working with your clients than dealing with computers, websites, and marketing online!

[ShelaghJones.com](http://ShelaghJones.com)



Ugh! Computers!





Ugh! Computers!

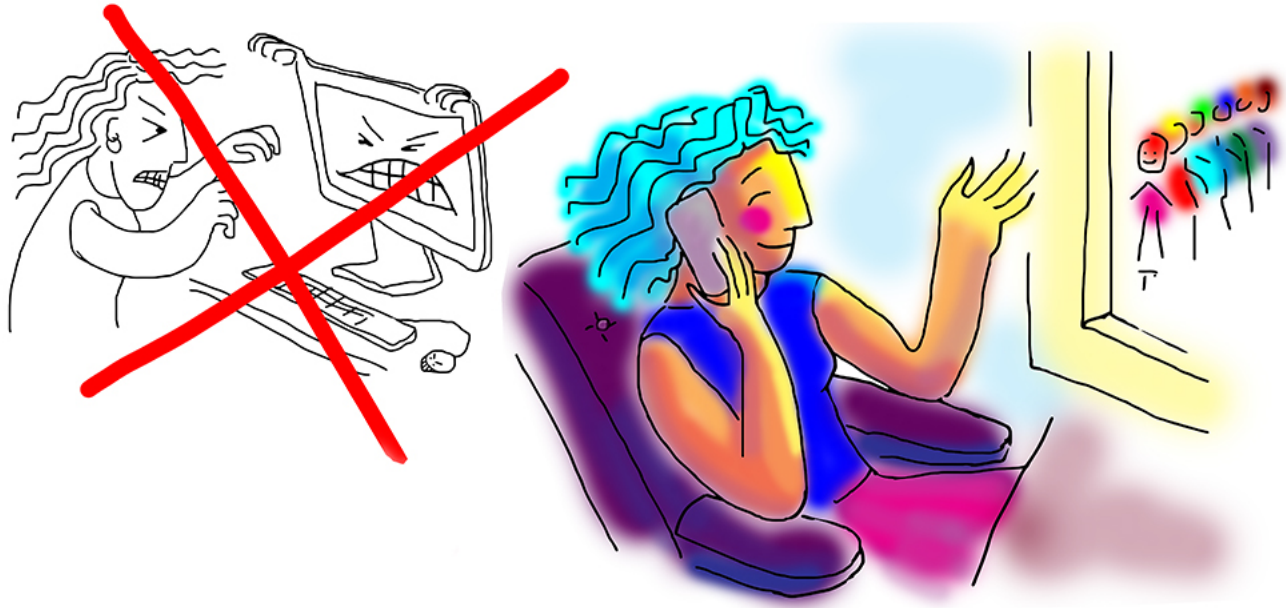




The Fight!



Illustrations for Shelagh Jones



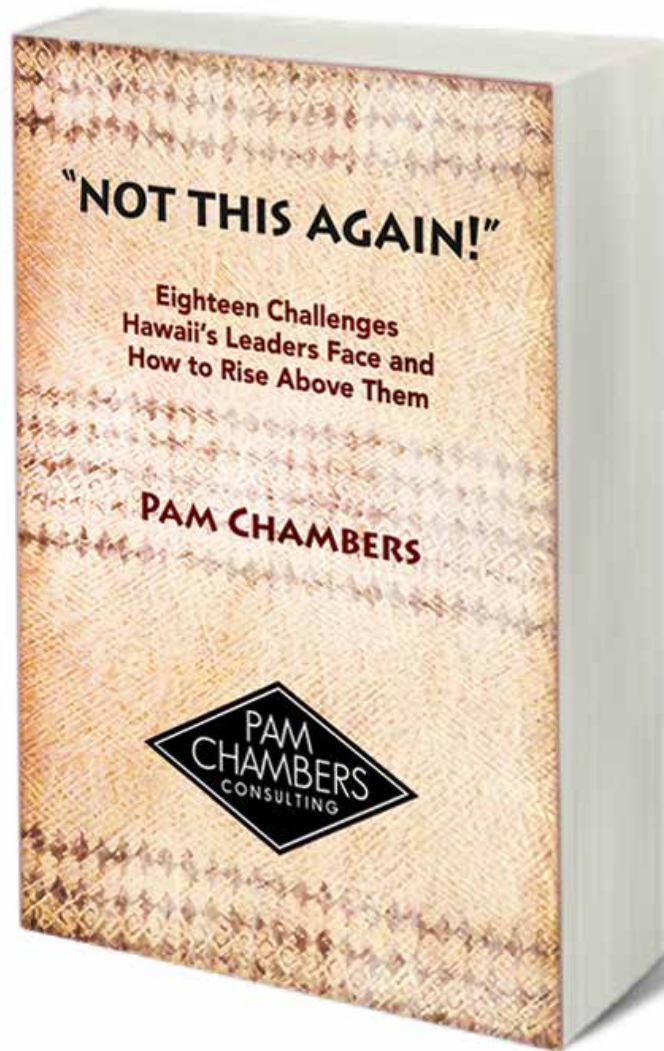
Success!

# Illustrations & Book Covers for Pam Chambers

Pam Chambers is known as Hawaii's Presentation Coach. She helps people become better communicators — whether they speak to one person, to small groups, or to large audiences.

I'm including the cover of her advice book for Hawaii business people, as well as some of the illustrations for a series we are working on for her upcoming book, "*I Know!*"

[PamChambers.com](http://PamChambers.com)



# ***“Nobody’s Ever Told Me That!” “I Know!”***

**True Tales about Feedback that People Needed, but Never Got  
PLUS: Bonus Tips for Successful Living**

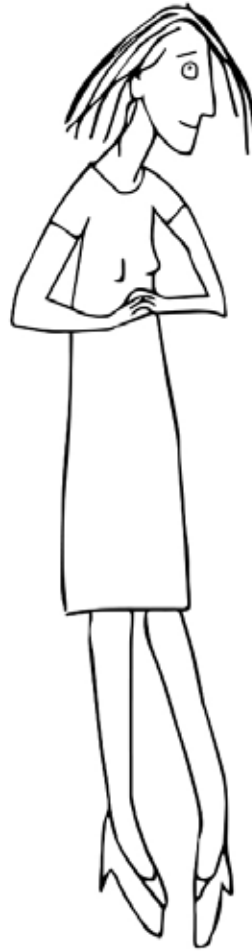


**Pam Chambers**

Illustrations for Pam Chambers



Do you stand onstage with little girl feet?  
Does it look like you're asking, "Am I OK?"



Illustrations for Pam Chambers



Are you unconscious about how much space you dominate?





Illustrations for Pam Chambers



Eyes!



Do you space out at meetings?



Are you inclusive in your conversations?

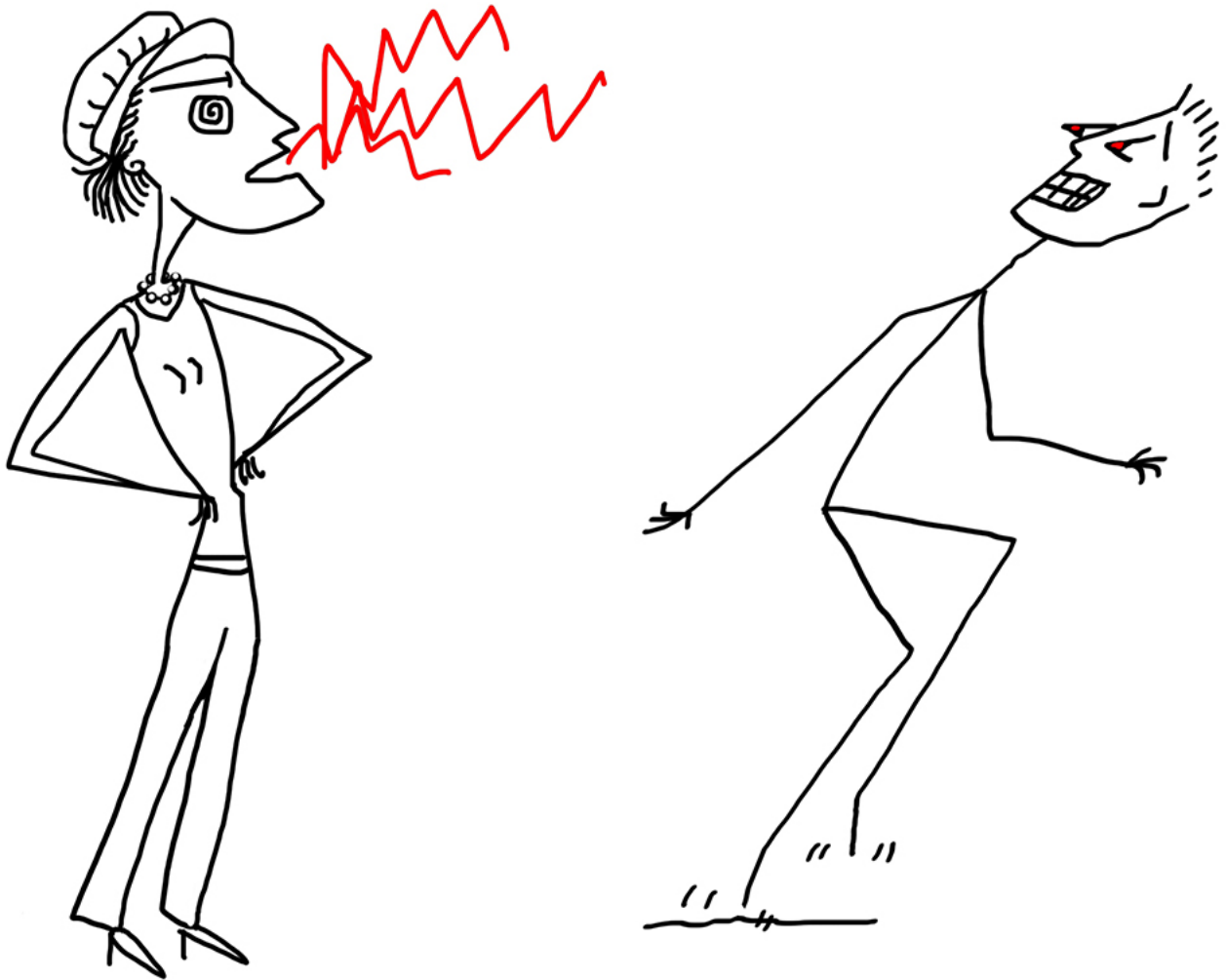


She's late again!

# Illustrations for Pam Chambers



Illustrations for Pam Chambers

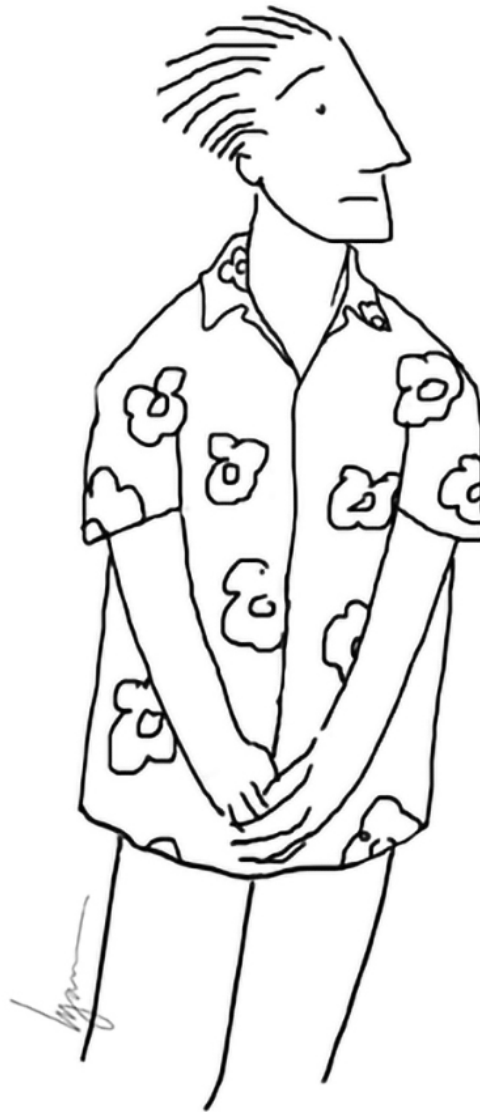


Do you ever lose your cool in front of innocent passers-by?



Are you paying attention?

Illustrations for Pam Chambers



Men should avoid standing  
in fig-leaf position.





# **Illustrations & Book Covers for Rebecca Marina**

Rebecca Marina is a Transformational Psychic who does 1-1 readings, classes, courses and retreats as she teaches people how to access their own unique intuition and connection to the Divine. She has a slew of free videos on Youtube.

[RebeccaMarina.com](http://RebeccaMarina.com)

Illustrations for Rebecca Marina



Illustrations for Rebecca Marina





Illustrations for Rebecca Marina



Bored Angel



Angels waiting  
for something to do



Bored  
Angel



Angels Waiting for A Call

Illustrations for Rebecca Marina



## 30 Angel Steps to Prosperity!



## DECALCIFY YOUR PINEAL GLAND

The Quick and Easy Way!



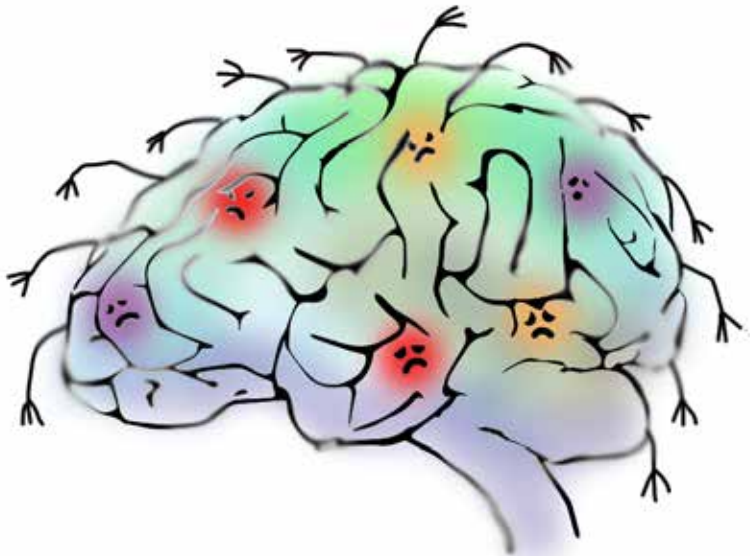
Rebecca Marina Messenger

## How to Get Anything You Want



by Rebecca Marina  
the Prosperity Queen!





your light-worker brain  
on no money



your light-worker brain  
on money



everyone deserves great sex!







Rebecca Marina,  
the Prosperity Queen!



Rebecca Marina,  
the Renegade Tapper!

# Illustrations, Covers & Brochures for Jondi Whitis

Jondi Whitis is an expert EFT Trainer and Advanced Practitioner who lives and works in New York City. She is a Board member of AAMET International, the original and largest non-pro EFT association. Jondi mentors and certifies new EFT Practitioners of Excellence and holds her signature training classes, *EFT Training for Mastery*, several times each year.

This chapter is a bit different. The following pix are from a whole series of branded flyers, brochures and hand-outs I created for her. They will give you an idea of what we created together to fit her style.

[EFT4Results.com](http://EFT4Results.com)

# How to Be A Great **DETECTIVE**

The Handy-Dandy Guide to  
Using Kindness, Compassion and Curiosity  
to Resolve Emotional, Mental & Physical Upsets  
*For Tappers, Practitioners and Caregivers*



**Jondi Whitis**  
EFT Trainer for Excellence



Self-Help, Psychology

## Get to the Nitty Gritty & Resolve It!



Have you ever been working on your own problems or with your client and suddenly got stuck, wondering where to go next? And you were searching for just the right question to find breakthrough information?

*How to Be A Great Detective* is your answer. It's chock full of purposeful, quality questions. When you ask these questions, using your kindness and curiosity, you can easily get right to the core issues and causes that need resolving, bringing your client new levels of progress and relief. They work beautifully for self-care, too.

In *How to Be A Great Detective*, you discover how to:

- Develop your curiosity & find new ways to ask insightful questions
- Develop Foundational, Intermediate, Advanced info-gathering skills
- Develop better languaging skills, and your own questioning style
- Create deeper, more incisive questions for your own self-care
- Direct questions specifically for pain relief or goal attainment

"In *How to Be a Great Detective*, Jondi combines her internationally recognized training skills with one of the most giving, caring hearts in the therapy world. Everyone looking to understand and practice caregiving at the finest level should have this book!"

— Eric Huurre, EFT Practitioner & Producer, *Operation: Emotional Freedom – The Answer*

"*How to Be a Great Detective* is clear, concise and compelling, filled with simple, yet powerful gems of wisdom. I like the way you have presented the questions in easy-to-read categories. It is now my go-to Tapping Resource—it has brought new life and ease to tapping on myself and with my clients."

— Charli Griffin, Reiki Master & EFT Practitioner

Jondi Whitis is an expert EFT Trainer and Advanced Practitioner who lives and works in New York City, USA. She is a board member of AAMET International, the original and largest non-profit EFT association. Jondi mentors and certifies new EFT Practitioners of Excellence and holds her signature training classes, EFT Training for Mastery, several times each year. Find out more at [EFT4Results.com](http://EFT4Results.com).

You've always wanted to be able to help yourself and others get free from pain, past limitations and move into empowerment and freedom.

Here's how to get what you want.  
What are you waiting for?

# How to Be A Great DETECTIVE

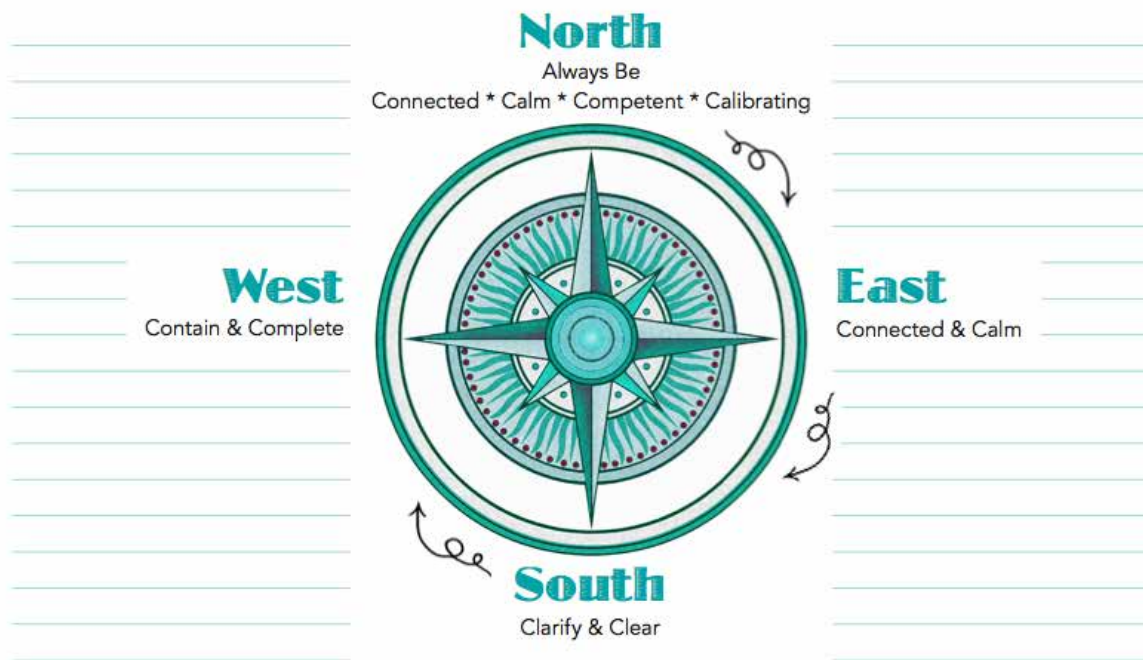
The Handy-Dandy Guide to  
Using Kindness, Compassion and Curiosity  
to Resolve Emotional, Mental & Physical Upsets  
*For Tappers, Practitioners and Caregivers*



**Jondi Whitis**  
EFT Trainer for Excellence



## The EFT Compass Never Get Lost Again!





## When to Do What

### Gauge Intensity as a Guide



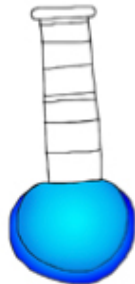
#### High Intensity: CALM & CONTAIN

Activated=Tuned-In: NO WORDS NEEDED  
Calm, ground, contain  
Establish Safety, Build Trust  
Emotional First-Aid Variations, Pacing  
Carefully calibrate  
Pre-Frame expectations  
Touch or Hold vs Tap; somatic/breathing  
Collar-Bone Breathing  
Sneaking Up/Tearless Trauma Technique  
Just Guess/Show Me With Hands Testing  
Go Global to de-escalate  
Gentle Techniques  
Original/Silent Movie Technique



#### Medium Intensity: CLARIFY, CLEAR, TEST

Build Rapport, Active Listening, Noticing  
Get Specific; Circle-In; the Funnel  
Compassionate Detective Questions  
Look for, Manage Specific Aspects  
Full or Short-Cut Recipe  
Additional Points, 9-Gamut  
Chasing the Pain  
The Narrated Movie Technique  
Languaging Skills, Emphasis  
Customize Tapping/Variations  
Find Tabletops, Limitations  
Look for Core Events, Issues  
Use Flow Chart  
Testing SUDS, Hands, Metaphor



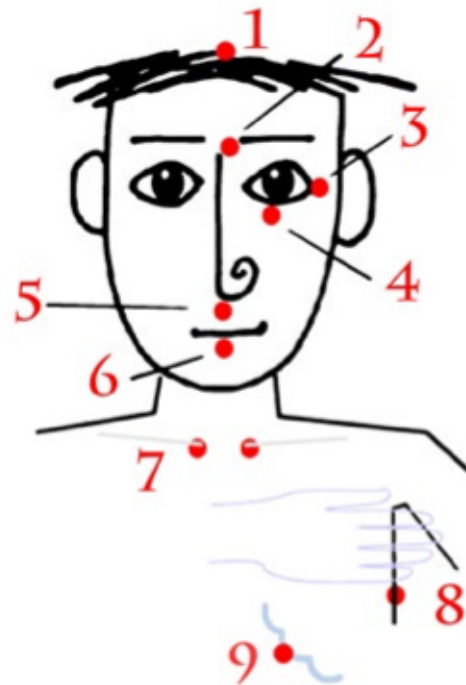
#### Low Intensity: CLEAR, TEST & COMPLETE

Full range of EFT basic techniques  
Full range of Testing, including In Vivo  
Curious Detective Questions  
Tell The Story Technique  
Re-Framing Events, Core Issues, Beliefs  
Ask for connections, perspectives  
Contain/Sneaking Away to Complete  
HomeWork/Self-Care/Follow-Up

## **EFT: The People's Toolbox** **Fast. Easy. Effective.**

Get your FREE gift at [EFT4Results.com](http://EFT4Results.com)  
[Jondi@EFT4Results.com](mailto:Jondi@EFT4Results.com) • 347.967.6444

### **Basic EFT Tapping Points**



rack cards



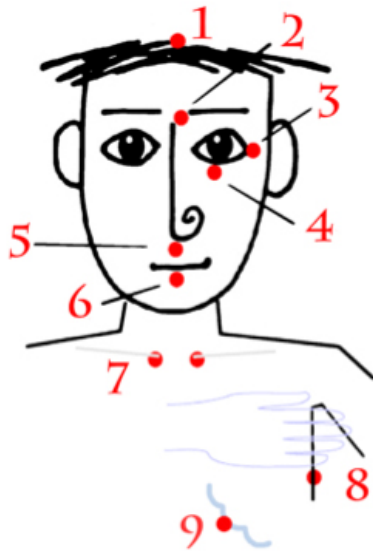
**Jondi Whitis**  
**The People's Teacher &  
The People's Toolbox**

Tapping images courtesy of  
Angela Treat Lyon © 2001

**Fast. Easy. Effective.**

**Fast. Easy. Effective.**

## Everyday Tapping for Everyone



### TRY IT!

**1. Focus** on a problem, while tapping on the side of your hand, the Karate Chop Point, as shown below.

**2. Now add** a simple affirmation, such as: "Even though I (have this problem), I want to accept myself anyway."



**3. Repeat** until you're really focused on what is bothering you.

**4. Tap** on the rest of the points (see chart to the left).

**5. Say** the part of the problem that really bugs you, as you tap on the chart points: (Ex: 'He said \_\_\_' or 'When she \_\_\_'...)

**6. Check in** with yourself: Breathe and ask, "What is different about that, now?"

**7. Repeat** the process, using new insights discovered, until the problem is more clear and less troubling.

Tapping, the People's Toolbox  
Contact the People's Teacher, Jondi Whitis:  
[Jondi@EFT4Results.com](mailto:Jondi@EFT4Results.com) • 347.967.6444

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**Tapping:**  
**Fast. Easy. Effective.**

**Jondi Whitis**  
Founder of  
**The People's Teacher &  
The People's Toolbox**



Helping you help yourself  
faster, more easily,  
effectively and efficiently

Get your **FREE** gift at  
[EFT4Results.com](http://EFT4Results.com)  
[Jondi@EFT4Results.com](mailto:Jondi@EFT4Results.com)

**347.967.6444**

# Fast. Easy. Effective.

## Want to quickly & easily reclaim your health, balance and well-being?

I help people reduce or eliminate anxieties, fears, chronic pain, bad habits, phobias or troubling thoughts, stress, and more.

I hold workshops for individuals, as well as Counselors, PTA and parent groups, Vets, Therapists, Teachers, First Responders and other community groups.

## What would your group like to accomplish?

Why not add EFT to your own practice so you can supercharge your results? I give Introductory Presentations all the way through Trainer Training. Contact me now!

**Member & Board Member:** AAMET International, the largest EFT association in the world

**Founding Member:** The EFT Guild and other USA-based EFT associations

**Founder:** TapFest, TappingStar, The Spring Energy Event and Tapping4KidsInternational

## Feel Better Fast Right Now



## To Help Yourself\*

1. **Place your hand** on your chest as shown.
2. **Breathe slowly** in and out, a few times.
3. **Focus** on your breath.
4. **When calmer**, start gently tapping about the problem or pain: "That was so scary," or, "This really hurts."
5. **Repeat tapping** and breathing slowly, until you're more comfortable.
6. **Now you can** use your regular Tapping

## To Help Another\*

1. **Show them** hand on chest position.
2. **Lead them** in slow, gentle breathing.
3. **When calmer**, ask: "What's that like, now?"
4. **Lift a simple phrase** from their reply and reflect it back, while tapping: "That was scary," or, "That really hurt."
5. **Repeat gentle** tapping and breathing until they are more comfortable, less stressed.

\* Always seek proper medical advice.  
EFT is not intended as a substitute.

**[EFT4Results.com](http://EFT4Results.com) • [Jondi@EFT4Results.com](mailto:Jondi@EFT4Results.com) • 347.967.6444**

Tapping Images courtesy of Angela Treat Lyon © 2001

# Fast. Easy. Effective.

## Feel Better Fast Right Now



The People's Toolbox by  
**Jondi Whitis**  
The People's Teacher

## to Help Yourself\*

1. **Place your hand** on your chest as shown.
2. **Breathe slowly** in and out, a few times.
3. **Focus** on your breath.
4. **When calmer**, start gently tapping about the problem or pain: "That was so scary," or, "This really hurts." Just one phrase.
5. **Repeat tapping** and breathing slowly, until you're more comfortable.
6. **Now you can** use your regular Tapping

## to Help Another\*

1. **Show them** hand on chest position.
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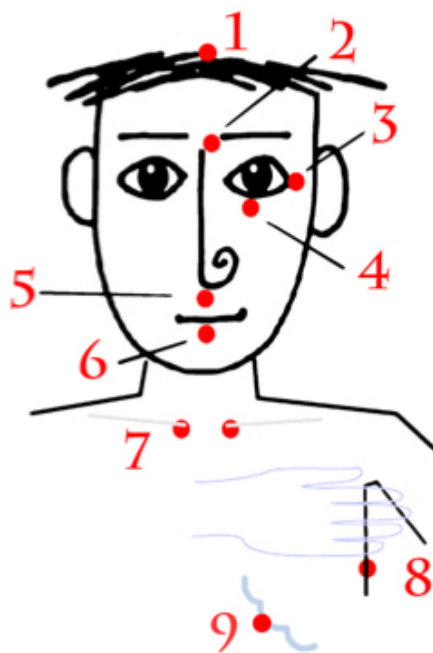
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## Fast. Easy. Effective.

### Everyday Tapping for Everyone



### TRY IT!

**1. Focus** on a problem, while tapping on the side of your hand, the Karate Chop Point, as shown below.



**2. Now add** a simple affirmation, such as:  
"Even though I (have this problem), I want to accept myself anyway."

**3. Repeat** tapping and talking until you're really focused on what is bothering you.

**4. Tap** on the rest of the points.

**5. Say** the part of the problem that really bugs you, as you tap on the chart points: (Ex: 'He said \_\_\_' or 'When she \_\_\_'...)

**6. Check in** with yourself: Breathe and ask, "What is different about that, now?"

**7. Repeat** the process, using the new insights discovered, until the problem is more clear, less troubling, and you feel more resourceful.

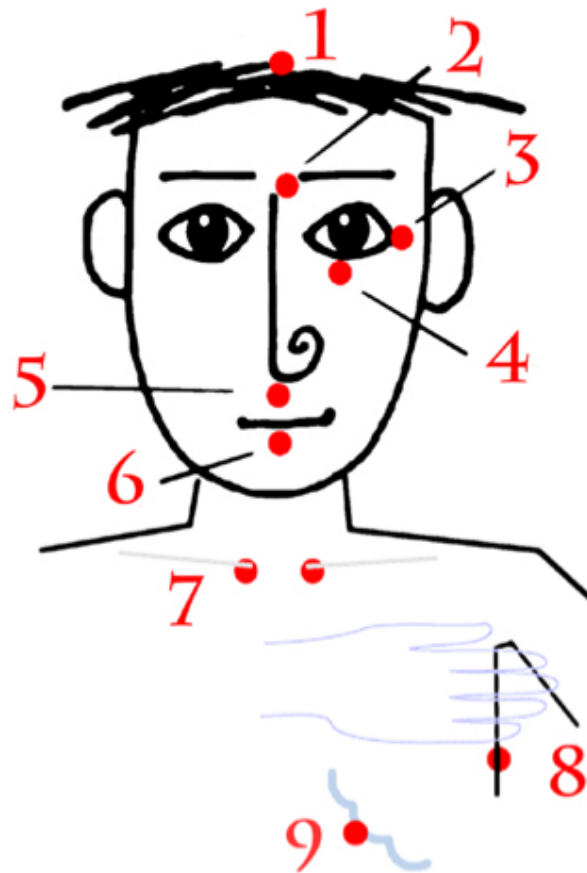
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## **EFT: The People's Toolbox** Fast. Easy. Effective.

### The Basic EFT Tapping Points

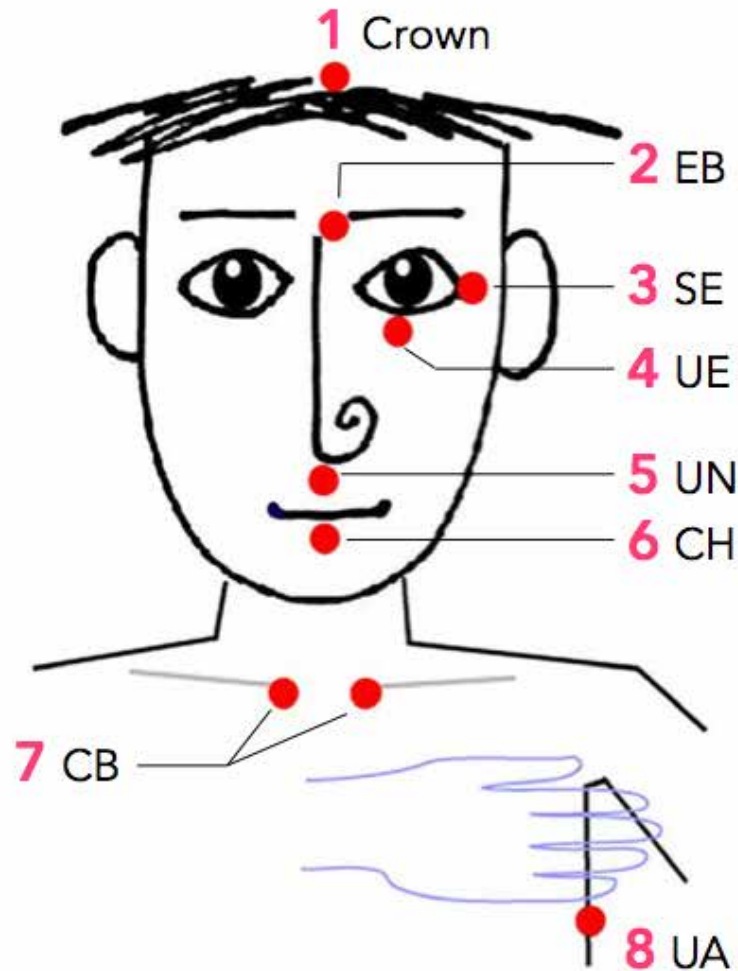


1

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Images courtesy of Angela Treat Lyon © 2001

## The Tapping Chart





# Are you inspired yet?

I hope you have enjoyed and maybe even been a little inspired by this collection of my illustrations, covers and promotional materials!

Many of these images are made for the exclusive use of the people named at the head of the chapters, so please refrain from copying them for your own use.

If you see one you like and want something like it, we can go with that! I'd be delighted to create something just for you.

Surprisingly, images like these are not so expensive as to set you back your first-born and your entire estate - you'll be pleased.

If you have ideas for how you'd like your business branding to look, or for a set of illustrations for your book, your website, blog or your social media account, I'd love to chat with you about it, and see if I can help you create the look and feel you want.

You can contact me at **Lyon@AngelaTreatLyon.com**. I look forward to hearing from you!

aloha -

*Angela*